

TRUST, INTEGRITY and Building Humble Confidence

By: Youthful Savings



Table of Contents

What is Trust? | pg. 3

Values | pg. 4

Reflect on Your Values | pg. 5

The Merging of Trust and Integrity | pg. 6

Conclusion | pg. 7



Objective: Creating a more inclusive community through the power of trust and integrity in every day decisions. This learning exercise will enhance a child's ability to make better decisions and live a life of humble confidence.

What is Trust?

According to Merriam Webster, trust is best defined as, "assured reliance on the character, ability, strength, or truth of someone or something." It's also defined as, "dependence on something future or contingent or hope." That's a pretty powerful definition! Especially if you combine that with the power of youth - which is you! The hope of society actually depends on you and we believe the more you live with trust and integrity, the better society will be.

Why is Trust Needed?

Trust is an essential part of a productive and civil society. As a young human, how you instill trust into society may determine the trajectory of the world. The more we immerse ourselves and each other in integrity, the better we are with our inner and outer selves. Being honest with ourselves helps us be honest with others.

What is Integrity?

According to Merriam Webster, integrity is best defined as, "firm adherence to a code of especially moral or artistic values." It also is defined as, "the quality or state of being whole or undivided." That's a powerful definition. If you examine truthful history books, you'll realize that sometimes those in power like to divide and conquer in order to overpower those they view as weak. What would it look like if you stayed whole and refused to be divided? Would indigenous culture still be in America? Basically, the future of the world is up to you. The more you live with integrity, the more integrity you'll find in others. This will create stronger communities, states and nations. The future of the world is really up to you, your honesty and your ability to stay firm in your values and morals.